



BEGINNER PICKLEBALL PROGRAM: WEEKLY SCHEDULE

Winter 2017: January 2nd- March 31st

SIGN UP 6 DAYS IN ADVANCE

Sign-ups Starting at 8:30am

Check in at 9:50am ON COURT Class 10:00am-11:50am

	MON	TUES	WED	THUR	FRI	SAT
PB101	Laurel Manor 751-7110	Sterling Heights 753-4510	Moyer 674-8440	Burnsed 674-8430	Bradenton 674-8380	1st and 3rd Sat. Colony Cottage 750-1935 Jan: 7, 21 Feb:4, 18 Mar: 4, 18
Beg. Practice Drills			Manatee 674-8411		Sea Breeze 750-2488	
PB102		Big Cypress 674-8385		Colony Cottage 750-1935		2nd and 4th Sat. Sea Breeze 750-2488 Jan: 14, 28 Feb: 11 Feb: 25 Mar: 11,25
PB103			Captiva 259-7422		Sterling Heights 753-4510	

YOU WILL FIND A FULL DESCRIPTION OF THE CLASSES ON PAGE 2

SIGN UP PROCESS FOR THE LESSONS LISTED

Visit (preferable) or call the center, 6 days in advance of the lesson to sign up. Ex. Lesson is on Tuesday so sign up is the previous Wednesday. Residents need Phone number and ID Card. You may only sign up yourself and one other, but you must have their details with you.

DISCLAIMER

If classes are canceled due to inclement weather, or if a resident calls to cancel, the resident will need to sign up again for the next class. Recreation Dept. will not cancel these lessons until 30 minutes prior to class. (9:30am). We ask residents to check with the appropriate center for cancellations.

www.pickleballcommunity.com

GIVES INFORMATION ON ALL PICKLEBALL ACTIVITIES IN THE VILLAGES

SIGN UP FOR EMAIL UPDATES AT... pickleballcommunity@gmail.com

Any further questions about the Program should be directed to the Recreation Office at your local center.

Feel free to visit www.districtgov.org for more detailed information on Recreation.

BEGINNER [BEG] and ADVANCED BEGINNER [ADV BEG] OPEN PLAY SESSIONS (Players of your level)

NO SIGN UP IS REQUIRED FOR THESE SESSIONS

	MON	TUES	WED	THUR	FRI	SAT / SUN
BEG Student	Bradenton 10-11:50 Colony Cottage 10-11:50 Eisenhower 10-11:50 Mulberry 10-11:50 [4]	Colony Cottage 12-1:50 Rohan 10-11:50	Big Cypress 10-11:50 Colony Cottage 12-1:50 Manatee 2-3:50 Saddlebrook 10-11:50	Big Cypress 10-11:50 Chula Vista 10-11:50 Manatee 2-3:50 Paradise 10-11:50	Eisenhower 10-11:50 Fishhawk 10-1:50	Bacall SA 10-11:50 Coconut Cove SA 12-1:50 Rohan SA 10-11:50 Captiva SU 12-1:50 Big Cypress SU 10-11:50 Coconut Cove SU 12-1:50 Odell SU 10-11:50 Saddlebrook 10-11:50 Mulberry SU(4) 10-11:50
ADV BEG Graduate	Big Cypress 10-11:50[3] Captiva 10-11:50 Laurel Manor 4-5:50	Colony Cottage 10-11:50 Saddlebrook 10-11:50	Eisenhower 10-11:50 Sea Breeze 10-11:50 FishHawk 10-11:50	Coconut Cove 2-3:50 Odell 10-11:50 Eisenhower 10-11:50	Big Cypress 10-11:50 Chula Vista 10-11:50 Manatee 10-11:50 Colony Cottage 4-5:50	Bradenton SA 10-11:50 Lake Miona SA 5-6:50 Truman SA 10-11:50 CoconutCoveSU 10-11:50 Eisenhower SU 12-1:50

STUDENTS ARE ENCOURAGED TO PLAY AT APPROPRIATE COURTS SUITABLE TO BEGINNER LEVEL

Open Play at courts from 7-10am throughout The Villages is not recommended for students.

DESCRIPTION OF LESSONS

PB101	Introduction to Pickleball - Learn safety; the Game; Rules; Fundamentals, including stance, grip, forehand and backhand strokes and how to serve; start playing a game to learn court positioning At this stage, you have been exposed to basic aspects of the game and rules and can begin to play at the neighborhood / social level. [Roughly equivalent to 1.0 Beginner .]
Beg. Practice Drills	Beginner Practice - Drills - Prerequisite PB 101. Work with an instructor to achieve a 70% level with serves, return of serves, scoring, and handling slower hit balls. Learn how to practice/drill to improve your play
PB102	Strokes - Prerequisite PB101 and practiced enough to have reached 70% performance level in serving, returning serves, scoring and handling slower hit balls, while playing in 20+ games. Review playing safely, practice basic strokes; learn new strokes, block shots, volleys, overhands and lobs. Play games while working on position and rules. (Roughly equivalent to 1.5 Beginner) If your physical condition precludes running to the net frequently, you will probably be most comfortable staying at this level of play. For those who are more active and want to be more competitive, there's more...
PB103	Essential Strategies - Prerequisites PB101 & PB102. Most players should improve their play by 50%. Best serve and return of serve strategies...correct court positioning, shot preparation like the pros...prime shot locations...best way to handle the bangers...lobs how to hit them & how to defend them PB103 graduates are at the 2.0 Beginner level .
	At all levels of instruction we are recommending that students practice what they have learned for two weeks before they progress to the next class level. While you are in the Beginner Program, practice is very important to help you master your new skills. Look in the Recreation News or check the schedule above for Beginner Play. That is court time set aside for students so they can feel comfortable to develop their game with players at a similar level.

What's Next?	Once you "graduate" from PB103, look for Advanced Beginner Play times. As your play and confidence level improves, you'll be interested in Open Play times. All courts are Open Play from 7-10am and at many other times during the day when nothing else is scheduled. You'll soon be a 2.5 Advanced Beginner .
	BEGINNER'S TOURNAMENTS
	Bradenton Recreation Center, 674-8380, Tuesdays Sign up at Eisenhower Recreation Center 674-8390
	December 6th November 15th-29th
	March 7th February 14th-28th
	June 6th May 16th-30th