



BEGINNER PICKLEBALL PROGRAM: WEEKLY SCHEDULE

Winter 2018
January 2 – March 30, 2018

SIGN UP 6 DAYS IN ADVANCE

Sign-ups Starting at 8:30am
Check-in at 9:50am On Court
Class runs 10am-11:50am

	MON	TUES	WED	THUR	FRI	SAT
PB101	Saddlebrook 259-5377	Sterling Heights 753-4510	Captiva 259-7422	Burnsed 674-8430	Bradenton 674-8380	1 st & 3 rd Colony Cottage 750-1935 1/6, 1/20, 2/3, 2/17, 3/3, 3/17
Beginner Practice/ Drills		Odell 750-2700			Manatee 674-8411	
PB102		Big Cypress 674-8385		Colony Cottage 750-1935		2 nd & 4 th Sea Breeze 750-2488 1/13, 1/27, 2/10, 2/24, 3/10, 3/24
PB103			Moyer 674-8440 (Four Courts)		Sterling Heights 753-4510	
YOU WILL FIND A FULL DESCRIPTION OF THE CLASSES ON PAGE 2						

SIGN UP PROCESS FOR THE LESSONS LISTED

Visit (preferable) or call the center, 6 days in advance of the lesson to sign up. Example: Lesson is on Tuesday so sign up is the previous Wednesday. Residents need Phone number and ID Card. You may only sign up yourself and one other, but you must have their details with you.

DISCLAIMER

If classes are canceled due to inclement weather, or if a resident calls to cancel, the resident will need to sign up again for the next class. Recreation Dept. will not cancel these lessons until 30 minutes prior to class. (9:30am). We ask residents to check with the appropriate center for cancellations.

www.pickleballcommunity.com

**GIVES INFORMATION ON ALL PICKLEBALL ACTIVITIES IN THE VILLAGES
SIGN UP FOR EMAIL UPDATES AT... pickleballcommunity@gmail.com**

Any further questions about the Program should be directed to the Recreation Office at your local center.

Feel free to visit www.districtgov.org for more detailed information on Recreation.

**BEGINNER [BEG] and ADVANCED BEGINNER [ADV BEG] OPEN PLAY SESSIONS (Players of your level)
NO SIGN UP IS REQUIRED FOR THESE SESSIONS**

	MON	TUES	WED	THUR	FRI	SAT / SUN
BEG Student	Bradenton 10-11:50 Colony Cottage 10-11:50 Eisenhower 10-11:50 Mulberry 10-11:50 [4]	Colony Cottage 12-1:50 Rohan 10-11:50 [6]	Big Cypress 10-11:50 Colony Cottage 12-1:50 Manatee 2-3:50 Saddlebrook 10-11:50	Big Cypress 10-11:50 Chula Vista 10-11:50 Manatee 2-3:50 Paradise 10-11:50 Rohan 10-11:50 [6]	Eisenhower 10-11:50 Fishhawk 10-11:50	Bacall SA 10-11:50 Coconut Cove SA 12-1:50 Rohan SA [6] 10-11:50 Captiva SU 12-1:50 Big Cypress SU 10-11:50 Coconut Cove SU 12-1:50 Odell SU 10-11:50 Mulberry SU [4] 10-11:50
ADV BEG Graduate	Big Cypress 10-11:50 [3] Captiva 10-11:50 Laurel Manor 4-5:50	Colony Cottage 10-11:50 *Coconut Cove* 10-11:50 Saddlebrook 10-11:50 *Denotes Ladies only*	Eisenhower 10-11:50 Sea Breeze 10-11:50 Fish Hawk 10-11:50 Chula Vista 10-11:50	Coconut Cove 2-3:50 Odell 10-11:50 Eisenhower 10-11:50	Big Cypress 10-11:50 Chula Vista 10-11:50	Bradenton SA 10-11:50 Lake Miona SA 5-6:50 Truman SA 10-11:50 Coconut Cove SU 10-11:50 Eisenhower SU 12-1:50 Colony 4-5:50

STUDENTS ARE ENCOURAGED TO PLAY AT APPROPRIATE COURTS SUITABLE TO BEGINNER LEVEL

Open Play at courts from 7-10am throughout The Villages is not recommended for students.

DESCRIPTION OF LESSONS

PB101	Introduction to Pickleball – Learn safety; the Game; Rules; Fundamentals, including stance, grip, forehand and backhand strokes and how to serve; start playing a game to learn court positioning At this stage, you have been exposed to basic aspects of the game and rules and can begin to play at the neighborhood / social level. [Roughly equivalent to 1.0 Beginner .]
Beginner Practice/ Drills	Beginner Practice/Drills - Optional - Prerequisite PB 101. Work with an instructor to achieve a 70% level with serves, return of serves, scoring, and handling slower hit balls. Learn how to practice/drill to improve your play
PB102	Strokes - Prerequisite PB101 and practiced enough to have reached 70% performance level in serving, returning serves, scoring and handling slower hit balls, while playing in 20+ games. Review playing safely, practice basic strokes; learn new strokes, block shots, volleys, overheads and lobs. Play games while working on position and rules. (Roughly equivalent to 1.5 Beginner) If your physical condition precludes running to the net frequently, you will probably be most comfortable staying at this level of play. For those who are more active and want to be more competitive, there's more...
PB103	Essential Strategies - Prerequisites PB101 & PB102. Most players should improve their play by 50%. Best serve and return of serve strategies...correct court positioning, shot preparation like the pros...prime shot locations...best way to handle the bangers...lobs how to hit them & how to defend them PB103 graduates are at the 2.0 Beginner level.

At all levels of instruction we are recommending that students practice what they have learned for two weeks before they progress to the next class level. While you are in the Beginner Program, practice is very important to help you master your new skills. Look in the Recreation News or check the schedule above for Beginner Play. That is court time set aside for students so they can feel comfortable to develop their game with players at a similar level.

What's Next?	Once you "graduate" from PB103, look for Advanced Beginner Play times. As your play and confidence level improves, you'll be interested in Open Play times. All courts are Open Play from 7-10am and at many other times during the day when nothing else is scheduled. You'll soon be a 2.5 Advanced Beginner .
BEGINNER'S TOURNAMENTS	
Bradenton Recreation Center, 674-8380	
Sign up at any Regional Recreation Center	
Tuesday, March 13, 2018	February 23 rd – March 9 th
Tuesday, June 12, 2018	May 25 th – June 8 th
Tuesday, September 11, 2018	August 24 th – September 7 th
Tuesday, December 11, 2018	November 23 rd – December 7 th